Scarcely had I passed them when I found him whom my soul loves. I held him, and would not let him go... Song of Solomon 3:4 (ESV)

*Homework:* In crisis, hold your spouse tight and don’t let them go.

Count the cost of marital **sacrifice**.

...until I had brought him into my mother’s house, and into the chamber of her who conceived me. Song of Solomon 3:4 (ESV)

*Homework:*

1. Gals, prepare to shift your dreams to support your husband’s calling.
2. Guys, sacrifice your life and invest in your wife.
3. Be home in the evenings.
4. Give your family your full attention.

**WARNING!** Do not awaken love until it is time.

I adjure you, O daughters of Jerusalem, by the gazelles or the does of the field, that you not stir up or awaken love until it pleases. Song of Solomon

Check [www.SOLOMONonSEX.com](http://www.SOLOMONonSEX.com) for more Q&A each week

All teaching material is available online at [www.christ2Rculture.com](http://www.christ2Rculture.com)

Audio of sermons are on iTunes. Search Christ 2R Culture

February 19: Solomon on Sex - The Wedding Procession
February 26: Solomon on Sex - Admiring the Bride
Lessons from the dream.

Be **solution** centered, not **problem** centered.

On my bed by night I sought him whom my soul loves; I sought him, but found him not. I will rise now and go about the city, in the streets and in the squares; I will seek him whom my soul loves. I sought him, but found him not. Song of Solomon 3:1–2 (ESV)

**Homework:** Be a solution centered, not problem centered couple.

1. Avoid problem centered **whining**.
2. **Face** marriage problems, don’t ignore them.

When headed for disaster, swallow your **pride** and save the **bride**.

The watchmen found me as they went about in the city. “Have you seen him whom my soul loves?” Song of Solomon 3:3 (ESV)

**Homework:** Swallow your pride and get help.

1. Faithfully attend this series.
2. **Invest** in a marriage encounter weekend.
3. **Read** helpful books.
4. **Talk** with a pastor or elder.

Use **crisis** to take a big step forward, not backward.

Guard your **thought** life.

We destroy arguments and every lofty opinion raised against the knowledge of God, and **take every thought captive to obey Christ**, 2 Corinthians 10:5 (ESV)

Be angry and do not sin; **do not let the sun go down on your anger** and **give no opportunity to the devil**, Ephesians 4:26–27 (ESV)